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RESEARCH UPDATE

Kenneth Martay, MD, assistant professor in the Department of Anesthesiology at the University of Washington, is principal investigator of a study titled "Comparison of the effects of Hemi-Sync[®], midazolam, and placebo on relaxation in healthy volunteers."

This study is designed to investigate the potentially beneficial properties of Hemi-Sync sounds for increased relaxation in a clinical setting. The potency of Hemi-Sync will be tested against the potency of the standard clinical relaxation medicine, midazolam, and placebo (2 ml normal saline) as control.

Dr. Martay is one of the authors of a paper published in *Anaesthesia* (vol. 54, no. 8, 1999), which reported on the effectiveness of Hemi-Sync during surgery.

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